

# **Drug Fact Sheet**

# Bath Salts or Designer Cathinones (Synthetic Stimulants)

#### Overview

Synthetic stimulants that are marketed as "bath salts" are often found in a number of retail products. These synthetic stimulants are chemicals. The chemicals are synthetic derivatives of cathinone, a central nervous system stimulant, which is an active chemical found naturally in the khat plant. Mephedrone and MDPV (3-4 methylene-dioxypyrovalerone) are two of the designer cathinones most commonly found in these "bath salt" products. Many of these products are sold over the Internet, in convenience stores, and in "head shops."

#### Street names

Bilss, Blue Silk, Cloud Nine, Drone, Energy-1, Ivory Wave, Lunar Wave, Meow Meow, Ocean Burst, Pure Ivory, Purple Wave, Red Dove, Snow Leopard, Stardust, Vanilla Sky, White Dove, White Knight, White Lightening

#### Looks like

"Bath salt" stimulant products are sold in powder form in small plastic or foil packages of 200 and 500 milligrams under various brand names. Mephedrone is a fine white, off-white, or slightly yellow-colored powder. It can also be found in tablet and capsule form. MDPV is a fine white or off-white powder.

#### Methods of abuse

"Bath salts" are usually ingested by sniffing/snorting. They can also be taken orally, smoked, or put into a solution and injected into veins.

### Affect on mind

People who abuse these substances have reported agitation, insomnia, irritability, dizziness, depression, paranoia, delusions, suicidal thoughts, seizures, and panic attacks. Users have also reported effects including impaired perception of reality, reduced motor control, and decreased ability to think clearly.

# Affect on body

Cathinone derivatives act as central nervous system stimulants causing rapid heart rate (which may lead to heart attacks and strokes), chest pains, nosebleeds, sweating, nausea, and vomiting.

#### Drugs causing similar effects

Drugs that have similar effects include: amphetamines, cocaine, Khat, LSD, and MDMA.

## **Overdose effects**

These substances are usually marketed with the warning "not intended for human consumption." Any time that users put uncontrolled or unregulated substances into their bodies, the effects are unknown and can be dangerous.

#### Legal status in the United States

Mephedrone has no approved medical use in the United States. It is not specifically scheduled under the Controlled Substances Act, but it is a chemical analogue of methcathinone, which is a Schedule I controlled substance. Incidents involving mephedrone can be prosecuted under the Federal Analog Act of the Controlled Substances Act. MDPV (3,4-methylenedioxypy-rovalerone) has no approved medical use in the United States. MDPV is not scheduled under the CSA.

#### Common places of origin

Law enforcement officials believe that the stimulant chemicals contained in these products are manufactured in China and India and packaged for wholesale distribution in Eastern Europe. Many countries have banned these products.